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SUBJECT VDA ID NUMBER

Final Contract Year 2008 Financial Report and Service Report

13th Month Report)

(Marica Monroe) 08-159

Caregiving and Kinship Care

(Ellen Nau) 08-160

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue, Suite 100, Richmond, Virginia 23229

Toll-Free: 1-800-552-3402 (Voice/TTY) • Phone: 804-662-9333 • Fax: 804-662-9354

E-mail: aging@vda.virginia.gov • Web Site: www.vda.virginia.gov

COMMONWEALTH of VIRGINIA Department for the Aging

MEMORANDUM

TO: Executive Directors

Finance Directors

Area Agencies on Aging

FROM: Marica B. Monroe

DATE: September 9, 2008

SUBJECT: Final Contract Year 2008 Financial Report and Service Report (13th

Month Report)

Please read carefully and follow instructions.

The Contract Year 2008 Financial Report and Service Report (13th Month Report) should be completed and electronically submitted to the Virginia Department for the Aging (VDA) by the close of business, **November 14, 2008**. This report is used by Area Agencies on Aging (AAAs) to report finalized annual performance, expenditures and receipts for the fiscal period October 1, 2007 through September 30, 2008. The following schedules must be submitted.

• Final Contract Year 2008 Financial and Service Report: This year the Aging Monthly Report (AMR) will be used to report compiled annual programmatic and financial information for the period October 1, 2007 to September 30, 2008. When completing your report, select Final (13th Mo) from the month drop down menu on the payment worksheet. Please name your file, "Final PSA xx," when emailing your submission to reports@vda.virginia.gov. Insert your PSA number in the characters denoted by xx.

Please make certain your Agency's AIM data supports the AMR service data.

 Final (13th Mo) – Schedules A, B, & C: Schedules A, B, & C have been written in Excel and are available on the VDA website. The three schedules are tabbed as separate worksheets in the workbook. The workbook should be downloaded to your computer Final Contract Year 2008 Financial Report and Service Report (13th Month Report) September 9, 2008 Page 2 of 2

before completion. Please name the file, "ABC PSA xx," when emailing your submission to: reports@vda.virginia.gov. Schedules A, B, & C are to be included in your audited financial statements as supplementary information and your audit firm is required to include these schedules in their audit opinion. Please ensure that the agency submission and the schedules included by your auditor in the audit report are in the current format.

- Schedule A, Status of Funds: This schedule provides an accounting of grant funds on hand at the beginning of the period, and receipt and expenditures of grant funds during the period. Although general fund awards for the fiscal year ending on June 30, 2008 needed to be obligated by June 30, 2008, the recipient had until September 30, 2008 to liquidate the obligations. If a cash balance exists on September 30, 2008 from any general fund award for the Program Year (PY) ending on June 30, 2008, please refund the balance to VDA with a copy of Schedule A as your remittance advice.
- Schedule B, Costs by Program Activity: This schedule accounts for the expenditure of funds by activity rather than grant. Please ensure that Schedules A & B tie where appropriate. Again, Schedule B has been modified to correspond to the Aging Monthly Report. It now includes separate sections to report Title III activity (Except III-E) and a section to report III-E activity. If there are no audit adjustments, the data reported on your final AMR should be the same as reported on Schedule B.
- Schedule C, Status of Inventories: Tangible personal property purchased with funds from a Federal or State grant should be included. Generally, equipment or large quantities of food would be the main items reported. Equipment with a fair market value of less than \$5,000 per unit should not be reported.

Contractor Certification Form: This form should be prepared on AAA letterhead and signed by the AAA Executive Director. The form is available on the VDA website.

CERTIFICATION

I, (Insert Name)	certify that I am the
Executive Director	of_(Area Agency on
Aging)	·
I have reviewed the Final (13 Month) Ag Status of Funds, Costs by Program Active (Schedules A, B, & C) for contract year is as required by the Virginia Department of Section, 22 VAC 5-20-480 and Section is the best of my knowledge and belief, this complete statement prepared from the beaccordance with applicable instructions, Further I certify that all costs and revenus specified by the contracts issued with the that occur subsequent to the filing of the reported to the VDA.	vity, and Status of Inventories 2008. By submitting these reports, for the Aging (VDA) Regulations, 22 VAC 5-20-500, I certify, that to s information is a true, correct, and books and records of the agency in except as noted. Les reported are allowable as the VDA. Any audit adjustments
	Executive Director
	Date

Contractor Certification Form: This form should be prepared on AAA letterhead and signed by the AAA Executive Director.

Please mail the Contractor Certification to:

Marica B. Monroe Virginia Department for the Aging 1610 Forest Avenue, Suite 100 Richmond, VA 23229

Your submission should include all contracts issued by VDA to support contract year 2008 operations. All funds received during the period, October 1, 2007 to September 30, 2008, should be accounted for and included. **As a reminder, your agency's audit report is due to VDA by December 15th**. One 30-day extension may be requested in writing, but the extension request must be received before December 15th.





COMMONWEALTH of VIRGINIA

Department for the Aging

MEMORANDUM

TO: Executive Directors

Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: September 9, 2008

SUBJECT: Caregiving and Kinship Care

Caregiving

Learning Opportunities

REMINDER: September 17, 2009 CMS/HHS Broadcast

"Innovative Employer Caregiving Programs" 1:00 p.m.—2:00 p.m. (Eastern Time)

For:

- EMPLOYERS looking to expand or create services and programs to support your employed caregivers
- CAREGIVERS working full or part-time and caring for a loved one
- ORGANIZATIONS providing caregiver services

Available via your computer, telephone, videoconference, or satellite broadcast.

Contact: http://www.blsmeetings.net/caregivers/

E-mail: aging@vda.virginia.gov • Web Site: www.vda.virginia.gov

Caregiving and Kinship Care September 9, 2008 Page 2 of 4

Online Launch of Ask Medicare Initiative for Caregivers, Partners and Media

Thursday, September 18, 2008 Via Live Webcast 12:00 – 1:00 P.M. ET "Connecting Caregivers to Medicare Resources" Broadcast from the Newseum in Washington, D.C.

Learn about new online resources for caregivers, post questions to CMS Acting Administrator Kerry Weems and a panel of experts, sign-up for the Ask Medicare bimonthly e-newsletter

Register at:: http://webcast.streamlogics.com/custom_projects/medicare/index-reg.asp

Alzheimer's Association – Greater Richmond Chapter

"Coping and Caring" Estes Express Caregiver Conference Monday, November 3, 2008 Holiday Inn Select – Koger Center 10212 Koger Center Blvd. Richmond, Virginia

Professional and family caregiver tracks will be offered in this always informative conference. Conference brochure with registration and program information is attached.

Alzheimer's Association – Southeastern Virginia Chapter

19th Annual Education Conference Wednesday, November 5, 2009 Hampton Roads Convention Center

Over 450 attendees are expected for this exciting conference. Conference brochure with registration and program Information is attached.

Rosalyn Carter Institute

Raising the Bar: Implementing Evidence-Based Programs for Caregivers

October 23 & 24, 2008

Georgia Southwestern State University, Americus, Georgia

Get more details and register online at: www.rciconference08.org

Past Conference Information

The Powerpoint from the *Healthy Ideas* webinar is now available on the Brookdale website: www.brookdalefoundation.org/

Caregiving and Kinship Care September 9, 2008 Page 3 of 4

For additional *Healthy Ideas* materials including their brochure, go to http://www.ncoa.org/content.cfm?sectionID=379&detail=2590

Kinship Care

From Generations United:

Grandfamilies State Law and Policy Resource Center

Casey Family Programs, the ABA Center on Children and the Law, and Generations United have partnered to create the *Grandfamilies State Law and Policy Resource Center*, found at www.grandfamilies.org. This website educates caregivers, legislators, advocates, policymakers, and attorneys on state laws and legislation in support of grandfamilies. The easy-to-use database allows for a search of laws and legislation that address common legal questions surrounding relative caregiving both within and outside the child welfare system. Each topic is analyzed and accompanied by a story to show key concepts. In addition, there is a list of related resources to learn more. In the future, the site will expand to include state policies, regulations, and best practices. Technical assistance and training is also available.

Benefits QuickLINK

Benefits QuickLink is an online benefits screening tool offered by the AARP Foundation that helps adults find out if they, or the children in their care, may be eligible for 10 public benefits for adults and 5 public benefits for children. Included in the screening results are fact sheets about each benefit with local and state agency contact information as well as live links to online program applications when available. Benefits QuickLINK is free, fast, and easy to use. Benefits QuickLINK is powered by Benefits CheckUp, a service of the National Council on Aging.

VDA – Kinship Care Initiative Statewide Task Force and Information Network

MEETING: Tuesday September 16, 2008 9:30 A.M. Be there! At VDA or a video conference site!

Do you have a picture of relative caregivers and their children? Kathy Dial, a member of the Kinship Care Initiative Statewide Task Force and Information Network would like to hear from you! She is doing a picture exhibition for the Task Force to be placed at the General Assembly Building during the 2009 session. Contact Ms. Dial, Catholic Charities of Eastern Virginia at 757-456-2366. (All pictures must be accompanied with a statement stating the permission of the photograph subject and/or guardian to have the pictures exhibited publicly.)

Caregiving and Kinship Care September 9, 2008 Page 4 of 4

Do you have a kinship program or relative caregiver information that you would like have listed at a specific kin caregiver site on the VDA website? Please forward that information to Ellen.Nau@vda.virginia.gov

registration form

Name:
Organization:
Street Address/P.O. Box:
City, State, Zip:
elephone: ()
E-mail address:
Norkshop Session I 2:15 p.m. (choose one) Professional Track Diversity in CaringStop, Look & Listen: Tips for Communicating Family Caregiver Track Nutrition: It is More than a MealAlzheimer's Caregiver Survival
Norkshop Session II 3:30 p.m. (choose one) Professional Track Nutrition: It is More than a MealActivities & Dementia Family Caregiver Track Having a Good Day: Tips for CommunicatingMeeting the Cultural & Spiritual Needs of the Person with Dementia
Conference Fee: (includes refreshments at breaks and lunch) \$30 Family Caregiver\$35 Student\$60 Professional Caregiver I prefer a vegetarian meal I am enclosing a check payable to Alzheimer's Association.
Payment by credit card: Please charge my: MasterCard or VISA
Card number:
Expiration date: CVV No.:
Signature:

Fax your registration to (804) 967-2588 or mail it to:

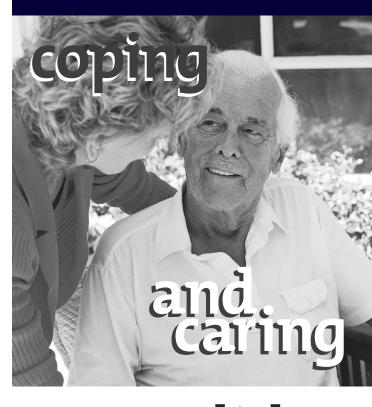
Caregiver Conference Alzheimer's Association Greater Richmond Chapter 4600 Cox Road, Suite 130 Glen Allen, Virginia 23060

Please return this form by October 27, 2008

Questions? Call (804) 967-2580.

Non-Profit Organization U.S. Postage Permit #2164 Richmond, Virginia

Alzheimer's Association Greater Richmond Chapter 4600 Cox Road, Suite 130 Glen Allen, Virginia 23060



Estes Express Caregiver Conference

Monday, November 3, 2008 Holiday Inn Select – Koger Center 1021 Koger Center Blvd. Richmond, Virginia

alzheimer's 95 association

the compassion to care, the leadership to conquer

Greater Richmond Chapter www.alz.org/grva

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Our thanks to our sponsors for their support of this year's Caregiver Conference

presenting sponsor



roundtable sponsors



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Financial









refreshment sponsors

Spring Arbor of Salisbury Sunrise Senior Living VCU Department of Gerontology

caregiver conference agenda

8:30 a.m. **Registration**

9:00 a.m. **Welcome**

9:15 a.m. Alzheimer's Disease- Progress Towards

Prevention

Kathleen Welsh-Bohmer, Ph.D.

Director of the Joseph & Kathleen Bryan Alzheimer's Disease Research Center

Duke University

10:30 a.m. **Break**

10:45 a.m. Surviving Caregiving- Developing the Team

Barry J. Jacobs, Psy.D.

Clinical Psychologist and Family Therapist

12:00 p.m. **Lunch**

1:00 p.m. Move for Life and Mind

Jama Lynn Purser, PT, MS, Ph.D. Assistant Professor, Duke University

Salli Benedict, MPH

Assistant Director for Community Development, Implementation & Dissemination, UNC Center for Health Promotion and Disease Prevention

2:15 p.m. Workshop Session I

Professional Track (Choose one)

Diversity in Caring Cynthia Beadle

Stop, Look & Listen: Tips for Communicating

Karen Stobbe

Family Caregiver Track (Choose one)

Nutrition: It is More Than a Meal

Leilani Pelletier, M.S.

Alzheimer's Caregiver Survival

Barry J. Jacobs, Psy.D.

3:15 p.m. **Break**

3:30 p.m. Workshop Session II

Professional Track (Choose one)

Nutrition: It is More Than a Meal

Leilani Pelletier, M.S.

Activities & Dementia Susan Lynch, Ph.D.

<u>Family Caregiver Track</u> (Choose one)

Having a Good Day: Tips for CommunicatingKaren Stobbe

Meeting the Cultural and Spiritual Needs of the

Person with Dementia
Maxcine Maxfield, R.N., M.S., Ph.D.

speakers

Barry J. Jacobs, Psy.D. – Clinical psychologist and family therapist. Author of *The Emotional Survival Guide for Caregivers*—*Looking After Yourself and Your Family While Helping an Aging Parent.* Director of Behavioral Sciences for the Crozer-Keystone Family Medicine Residency Program in Springfield, Pa., and has adjunct faculty positions with Temple University School of Medicine, the University of Pennsylvania School of nursing and the Institute for Clinical Psychology of Widener University.

Kathleen A. Welsh-Bohmer, Ph.D., ABCN -

Director of the Joseph and Kathleen Bryan Alzheimer's Disease Research Center at Duke University Medical Center. She is also a professor in the Department of Psychiatry and Behavioral Sciences at Duke and is a Senior Fellow in the Center for Human Development and Aging. She has a Ph.D. in psychology from the University of Virginia. She completed clinical post-doctoral training at the University of Iowa.

Cynthia Beadle, PAHM (Professional, Academy of Healthcare Management) – President of B&B Plus, a human resource development company in Spotsylvania, Va. Also Cultural Health Initiatives Director of the American Heart Association's Central Virginia region.

Salli Benedict, MPH – Assistant Director for Community Development, Implementation & Dissemination at the UNC Center for Health Promotion and Disease Prevention. Adjunct faculty in the Department of Health Behavior and Health Education, UNC School of Public Health

Susan Lynch, B.S., M.S., Ph.D. – Associate Professor at Longwood University. Where she teaches therapeutic recreation. She has a Ph.D. in therapeutic recreation from Texas Woman's University.

Maxcine Maxfield, R.N., M.S., Ph.D. – Chief Nurse Executive for Piedmont Geriatric Hospital and Associate Clinical Professor, Virginia Commonwealth University School of Nursing. In addition, she teaches graduate nursing courses at the University of Phoenix. She holds a Ph.D. from the Union Institute

Leilani Pelletier, M.S. – Program Director, Alzheimer's Association Western New York Chapter. Masters degree in Executive Leadership and Change. Fifteen years of experience in dementia care.

Jama Lynn Purser, PT, MS, Ph.D. – Assistant Professor at the Duke University School of Medicine, division of geriatrics. Also physical therapist with the Department of Community and Family Medicine. Her Ph.D. is from the University of North Carolina at Chapel Hill.

Karen Stobbe – Improvisational actress, writer, caregiver and project director of *In the Moment*, a training program for caregivers. Former healing arts director of Milwaukee Public Theatre, a non-profit outreach arts company.



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19th annual

Education Conference



SPONSORSHIP PACKET

November 5, 2008

Hampton Roads Convention Center

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www.alz.org/seva

19th annual

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"Together in Care: Addressing the Alzheimer's Crisis in Our Multi-Cultural Community"

Dear Friends of the Alzheimer's Association:

The Alzheimer's Association Southeastern Virginia Chapter cordially invites you to participate in its 19th Annual Education Conference to be held at the Hampton Roads Convention Center in Hampton, Virginia on November 5, 2008.

The Alzheimer's Association Education Conference, with over 400 in attendance last year, is the most successful Alzheimer's conference in our area that is dedicated to addressing the concerns of family members and professionals who provide support and care to those with Alzheimer's disease and related disorders.

The theme for this year's conference is "Together in Care: Addressing the Alzheimer's Crisis in Our Multi-Cultural Community." In partnership with the African American Alzheimer's Alliance and Odyssey HealthCare, Inc., the Education Conference will draw attention to the challenges of underserved populations, particularly in the African American and Hispanic/Latino communities, in dealing with Alzheimer's.

In addition, we anticipate a targeted audience representing a mix of:

- Caregivers
- Social Workers
- Clinicians, Nurses, Professional Caregivers
- Community and Religious Leaders
- Industry Representatives
- Community Agency Administrators, Local Government Representatives

And importantly, we aim to provide a venue for individuals and companies in the healthcare industry to market their support services and products.

Please contact us at (757) 459-2405 for Sponsorship and Exhibitor Information

Education Conference

alzheimer's R association

LATE BREAKING NEWS!

Dr. Steven T. Dekosky, MD To Provide Keynote Address

The Alzheimer's Association Southeastern Virginia Chapter is pleased to announce that Dr. Steven T. Dekosky, M.D., who was recently appointed vice president and dean of the University of Virginia's School of Medicine, will provide the research keynote address at our Annual Education Conference on Wednesday, November 5 at the Hampton Roads Convention Center in Hampton.

Dr DeKosky is an international leader in the field of Alzheimer's disease research. Dr. DeKosky was featured in the PBS documentary The Forgetting for his work in developing the Pittsburgh Compound B (PIB), a radioactive compound that traces the location of beta-amyloid in the brain. Dr. DeKosky has served in leadership roles for several National Institutes of Health research-related activities as well as the boards of directors of both the National Alzheimer's Association and



Alzheimer's Disease International. In addition, he serves on the editorial boards of six leading neurology and Alzheimer's clinical publications and is a journal reviewer for another 20 clinical journals.

Education Conference

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WHY YOU SHOULD SPONSOR OR EXHIBIT AT THE ALZHEIMER'S ASSOCIATION 19TH ANNUAL EDUCATION CONFERENCE

√ Caregivers need high quality, consumer-oriented information about resources and access to professional guidance.

√ Reach a diverse group of attendees from the African American and Hispanic/Latino communities

√ Gain name and face recognition for future business generating and networking opportunities.

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Senior Center Administrators

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Market your services and products to a targeted audience of healthcare professionals, as well as current and future caregivers, particularly those caring for people with Alzheimer's disease or related disorder.

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Education Conference

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Sponsorship/Exhibitor Opportunities

Title Sponsor

\$5,000 - only 1 available

(e.g. The Alzheimer's Association & (Your Company Name) 19th Annual Education Conference)

- Listing and recognition on all pre-event mailings and/or advertising
- Registration, continental breakfast and lunch for up to 10 attendees
- Full page ad (premium inside cover or back cover position) in program brochure
- Company name and/or logo on program brochure front cover
- Up to 3-pages of company literature in conference attendee packet
- Prominent signage at conference
- Recognition and appreciation plaque presented at conference
- One display table in high-traffic area at conference
- Prominent logo placement in post-conference edition of Chapter newsletter
- Listing in Chapter Annual Report

Presenting Sponsor

\$2,500 - only 2 left

(e.g. The Alzheimer's Association & TITLE SPONSOR 19th Annual Education Conference Presented by (company names of "presenting sponsors")

- Opportunity to sponsor keynote address or plenary session
- Presenting logo placement in conference programs and registration brochures
- Prominent signage at conference
- Recognition and appreciation plaque presented at conference
- One display table in high-traffic area at conference
- Registration, continental breakfast and lunch for 6 attendees
- Prominent logo placement in post-conference edition of Chapter newsletter
- Listing in Chapter Annual Report

"Standing By Us" Sponsor

\$1500

- Opportunity to sponsor breakfast, lunch or refreshment break for conference attendees
- Logo placement in conference programs and registration brochures
- Recognition and appreciation plaque presented at conference
- One display table in high traffic areas at conference
- Registration, continental breakfast and lunch for 4 attendees
- Listing in Chapter Annual Report

19th annual

Education Conference

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Sponsorship/Exhibitor Opportunities

Session Sponsor

\$600

- Opportunity to sponsor one conference session
- Company name in conference programs
- Recognition at conference
- Display table at conference
- Registration, continental breakfast and lunch for 2 attendees
- Listing in post-conference edition of Chapter newsletter

Exhibitor \$300

- Display table at conference
- Registration, continental breakfast and lunch for 1 attendee
- Listing in exhibitor section of conference program

NEW! LIMITED SPACE! Program Brochure Advertising

For the first time, the Alzheimer's Association SEVA Chapter is permitting advertising in its Education Conference program brochure. Do not miss this opportunity to give your product or service additional visibility.

Full Page (only 1 left!)	\$700
Inside Cover (2 full or 4 half available)	\$750
Half Page (2 available)	\$350
Quarter (2 available)	\$250

19th

Education Conference

The Hampton Roads Convention Center November 5, 2008

Sponsorship Commitment For	<u> 111</u>
Please Select Your Sponsorship Lev	Please Reserve My Space in the Brochure
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☐ Presenting Sponsor (\$2,500)	□ Full Page (\$700)
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Register by 9/30 for early-bird pricing

alzheimer's 🚫 ass ciation

November 5, 2008

Hampton Roads Convention Center

8:00 - 8:30 Registration, Continental Breakfast

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8:30 - 8:45 Welcome

8:45 - 9:45 Diversity Panel (Plenary)

Diverse Issues in Alzheimer's Diagnosis and Care

Rev. Cynthia Patricia Morton Duarte - Founder, African American Alzheimer's Alliance Joseph Dancy, Jr., Th.M., Ph.D. - Professor, Norfolk State University Ms. Jackie Harris and her Mother - caregiver and individual with AD Marissa Galicia-Castillo, M.D. - Eastern Virginia Medical School Mark Cheltenham, M.D. - Psychiatrist



11 Odyssey

9:45 - 10:00 Break

10:00 - 11:00 Morning Sessions

Diversity In Care

Cindi Beadle

Brenda Cobb, Odyssey Hospice and Health Care

Vitamin H - Humor for Caregivers

Ellen P.Young , LSCW - retired, caregiver and book author of "Between Two Worlds" & co-author of "Mom's OK - She Just Forgets"

Reflections of Caregiving - Sharing our Personal Experience

Rev. Cynthia Patricia Morton Duarte - Founder, African American Alzheimer's Alliance Christianne Fowler, GNP - Eastern Virginia Medical School SENTARA.

11:15 -1:15 Lunch and Luncheon Keynote Alzheimer's Disease: American Families in Crisis

Goldie S. Byrd, PhD - Professor & Chair, Department of Biology, North Carolina A&T University

1:15 - 2:15 Afternoon Sessions

Alzheimer's Disease: Challenges to Spirituality

Joseph Dancy, Jr., Th.M., Ph.D. - Professor, Norfolk State University

Meeting Challenges of the Alzheimer's Journey - Understand Memory Loss & Behaviors

Evelyn McLay - caregiver, co-author of "Mom's OK - She Just Forgets"

Compassion Fatigue

Sandra Lopez, LCSW, ACSW - University of Houston Graduate School of Social Work

2:15 - 2:30 Break

2:30 - 3:45 Keynote Address - Alzheimer's Research

Dr. Steven T. Dekosky, MD

3:45 Closing remarks, pick up certificates

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